

Relaxing on the balcony at WVYC

Not sailing?

Here are some ideas for off-water activities.

West Vancouver Yacht Club (WVYC) is well located for picking up public transit to downtown Vancouver or the ferry terminal at Horseshoe Bay as well as being a short drive away from the Sea to Sky highway (highway 99).

Contents

1.	PUBLIC TRANSPORT	2
2.	Hike to Whyte Lake from WVYC	3
3.	Visit Lighthouse Park (and look out for your sailors!)	4
4.	Seaview Walk	6
5.	Sea to Sky	7
6.	The North Shore Mountains & Parks	8
7.	Arts and culture	9
8.	Golf at Gleneagles & Ambleside	. 10

1. PUBLIC TRANSPORT

The 250 bus runs along Marine Drive between Horseshoe Bay and downtown Vancouver, running approximately every 30 minutes. Stop # 54649 "5800 Block" is directly opposite the entrance to WVYC. If you are parked at Thunderbird Marina there is also a stop on Marine Drive near the entrance, Stop # 54648 "Primrose Place".

Tickets can be purchased on board with cash or by contactless payment:

- Adult fare: \$3.20 inc tax
- Concession (13-18 years old and 65+): \$2.15 inc tax

Children 12 and under ride free when accompanied by a fare paying passenger. A maximum of four children can travel free per paying passenger.

A single fare is valid for 90 minutes, meaning that you can hop on and off without having to buy another ticket within the 90 minute window.

Points of interest along the 250 route:

Location	For	Approx time from WVYC
Horseshoe Bay	Ferries to Nanaimo, Langdale (Sunshine Coast) and Bowen Island.	10 min
	Water taxis to islands in Howe Sound. Boat charter. Fish and	
	chips and ice cream.	
Gleneagles	Golf (see following pages for more details).	6 min
WVYC	Super sailing in a top notch venue.	-
Eagle Harbour	Sandy and protected beach, also walkable from WVYC in about 15	10 min
	mins.	
Lighthouse	Old growth forest, trails and sea views (see following pages for	15 min
Park	more details).	
22 nd Street	West Vancouver Rec Centre, swimming pool.	22 min
Ambleside	Shops and restaurants, strollable seafront and views to Stanley	25 min
	Park and the Lions Gate Bridge. Par 3, 18 hole pitch and putt.	
Park Royal	Mall, cinema, interchange for buses to North Vancouver.	35 min
Stanley Park	Hike or bike the seawall for sandy beaches, views of the North	50 min
	Shore mountains, watching the harbour traffic or just enjoy the	
	forest, gardens, totem poles and aquarium.	
Downtown	Shops, museums, art galleries, restaurants. Seaplane terminal.	1 hour
Vancouver	Transit hub for connections to the airport and beyond.	

Activities

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- 2. Hike to Whyte Lake from WVYC

Starting from WVYC this moderate hike is 6.8km and passes through residential streets before joining the out-and-back trail to Whyte Lake via Nelson Creek. This route passes through a green area that is often considered to be one of the region's best examples of a Pacific Temperate Rainforest.

If preferred, parking can be found nearer to the trailhead just off Westport Road, shortening the hike to 5km.

To access the trail on foot turn right out of WVYC and walk NE along Marine Drive. Cross the road at the pedestrian crossing at Thunderbird Marina and walk up Primrose Place. Turn right onto Cranley Drive and in about 160m look out for the trail access on your left just after the road crosses the creek. After a short switchback the trail splits into the wide Seaview walk to the left and a narrow trail to your right. Take the right hand trail which heads up under Highway 99 with the creek in the valley to your right. Turn right when you reach the old highway (disused) and after about 170m join the main trail to Whyte Lake on your left.

Return via the same route.

Dogs are welcome, but must be on a leash.

Trail details for this and other local hikes and biking trails can be found on the AllTrails app: <u>https://www.alltrails.com/trail/canada/british-columbia/whyte-lake-via-nelson-creek-trail</u>

3. Visit Lighthouse Park (and look out for your sailors!)



Optis training off WVYC, viewed from Juniper Point, Lighthouse Park

Lighthouse Park is approximately 75 hectares in size. It has important natural and cultural resources. The park is biologically rich and is an example of a remaining old growth coastal forest in the Lower Mainland. The lighthouse and light station grounds at Point Atkinson are a national historic site.

Well-behaved dogs that stay on the trails are allowed off-leash in Lighthouse Park.

There are many trails with varying levels of accessibility that can be explored.

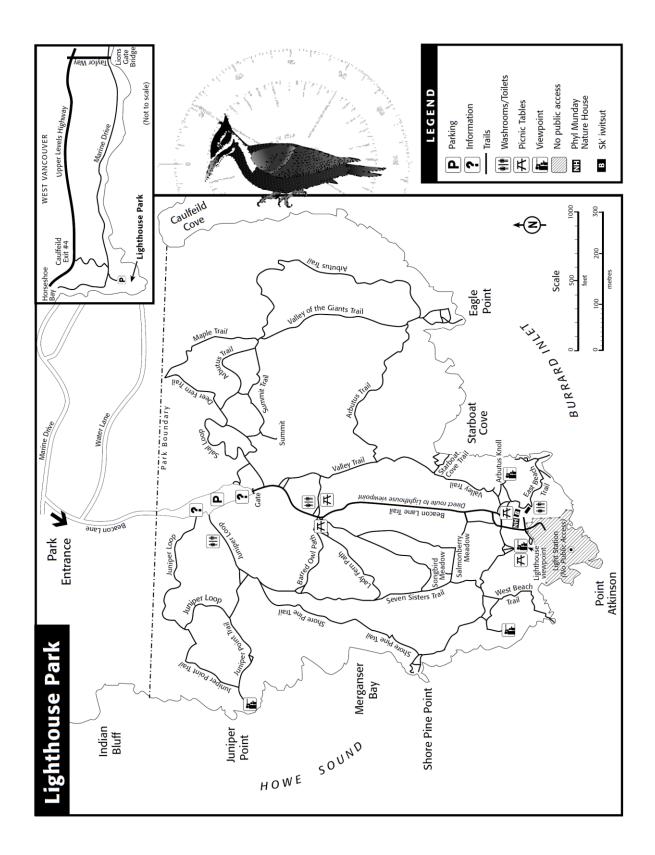
Suggested trails, see overleaf for map:

Trail	For
Juniper Loop and	Views towards Bowen Island, Passage Island. Moderate with stairs.
Juniper point.	
Point Atkinson	See the Point Atkinson Lighthouse. Well made undulating path.
Shore Pine Trail and return via Valley Trail	See the Point Atkinson Lighthouse and enjoy walking in varying habitats including coastal salal, arbutus and old growth pines. Moderate, someroots and rocks.

Getting there

Lighthouse Park is easily accessed via public transport, see page 2.

The Lighthouse Park parking lot is just off Beacon Lane. When travelling eastwards along Marine Drive, turn right on Beacon Lane and follow the signs for Lighthouse Park. Public parking at the park is limited and fills up quickly in good weather. Parking lots will be closed when full.



4. Seaview Walk



The Seaview Walk is an easy, level trail accessible from a car park at the junction of Eagleridge Drive and Marine Drive or on foot from WVYC. It follows the contour around the bluff offering a birds eye view of the sailing club and the channel between Eagle Island and the shore. It is popular with dog walkers and runners.

To access the trail on foot turn right out of WVYC and walk NE along Marine Drive. Cross the road at the pedestrian crossing at Thunderbird Marina and walk up Primrose Place. Turn left onto Cranley Drive and follow this all the way to the end. A set of stairs leads up to the trail on the right.

This trail can also be accessed further east at Nelson Creek – see directions for Whyte Lake hike.

5. Sea to Sky



Sky Pilot Mountain from the top of the Sea to Sky Gondola

A forty minute drive up the Sea to Sky highway (Highway 99) towards Squamish brings spectacular views of Howe Sound. The drive alone is worth the effort but if you have time to spare there are other attractions:

Sea to Sky Gondola

Be whisked up into mountains with incredible views of Stawamus Chief, the top of Howe Sound and Sky Pilot mountain. From the top of the gondola there is a suspension bridge and restaurant and trails for accessing the backcountry.

Stawamus Chief

'The Chief' is one of North America's premier rock climbing locations, but there is also a strenuous trail to take you up the back of the 650m peak.

Shannon Falls

BC's third highest waterfall cascades down the mountainside and can be reached by a short accessible trail.

6. The North Shore Mountains & Parks



The backdrop to sailing in Vancouver is made magnificent by the North Shore Mountains.

Grouse Mountain

Grouse Mountain offers glittering views of downtown Vancouver and is accessible via gondola. There are also lumberjack shows, bird of prey displays, ziplining and a grizzly bear refuge. You can even hike up via the famous 'Grouse Grind' and take the gondola back down.

https://www.grousemountain.com/

Cypress Mountain

In the summer the ski area transforms into summer meadows and it is possible to go up in the chairlift just for the views or to take a ride on the Eagle Coaster (from age 3+ with an adult). You can also try your hand at axe throwing.

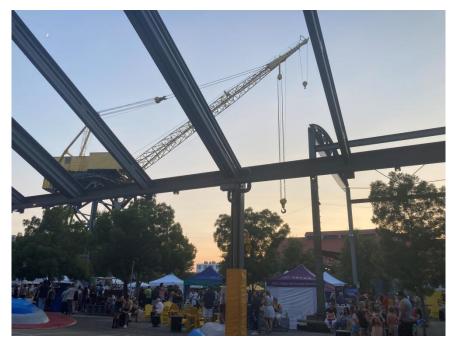
https://cypressmountain.com/

Capilano Suspension Bridge

The popular Capilano Suspension Bridge Park offers a dizzying view of the Capilano Gorge far below in the midst of the beautiful forest. You can take to the towering trees for a walk in the canopy or brave the Cliffwalk suspended over the drop. Listen out for cultural talks among the totem poles and discover a little of the local areas natural history.

https://www.capbridge.com/

7. Arts and culture



Here are some ideas for taking in the arts and culture that Vancouver has to offer:

Evening over the Shipyards

Bill Reid Gallery of Northwest Coast Art

Located in downtown Vancouver (see Public Transport on p2), the Bill Reid Gallery showcases carvings, paintings and jewelry from the renowned Haida artist Bill Reid and many others.

https://www.billreidgallery.ca/

Shipyards & Polygon Gallery

In North Vancouver, the Shipyards area has been transformed from industrial grime to a vibrant and buzzing area with stalls, cafes, theatre and often live music. It is also home to the Polygon Gallery with its regularly changing exhibitions of photography and art and MONOVA, the museum of North Vancouver.

https://theshipyardsdistrict.ca/

https://thepolygon.ca/

8. Golf at Gleneagles & Ambleside



Golfers can choose from two public golf courses run by the District of West Vancouver. Ambleside Par 3, and Gleneagles Golf Course.

Ambleside Par 3

An eighteen-hole pitch and putt. Club rentals are available.

Hours: 9 a.m. to 7 p.m.

https://westvancouver.ca/parks-recreation/golf/ambleside-par-3

Gleneagles Golf Course

A challenging nine-hole par 35 course. The last time for rental clubs is 2.5 hours prior to closing time. Identification or credit card must be held.

Hours: 7 a.m.-8 p.m.

https://westvancouver.ca/parks-recreation/golf/gleneagles-golf-course